

# The Beginning of a Hero™

## Student Interaction Sheet



Serving the 2025-2026 School Year

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## Two Football Fans

**1. What sports do you like to play? What is your favorite team?**

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**2. Is there a special place you like to practice and play with your friends? Do you willingly share this place with other people who are playing with their friends?**

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**3. In the story, a younger kid ran between Josh and his friend. How did Josh's friend react? Was he acting like a HERO or being hurtful?**

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**4. What are some better ways that Josh's friend could have dealt with the situation? How could he have HELPED the younger kid, instead of hurting him?**

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## A Collision in the Hallway

1. What caused Eric to have a bad day? Why was he rude to his teacher?

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2. What could the other boy have done to HELP Eric, instead of hurting him? Have you ever caused an accident and blamed it on someone else? What could you have done differently?

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3. In the story, Eric's father says, "Anytime you fight fire with fire, everybody gets burned." What do you think that means?

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4. Eric later found out that the other boy was acting hurtful because HIS day had begun badly. Even though it may have been the reason, do you think the boy should have made an effort to be nicer anyway? Write your thoughts, and include thoughts about Eric, who also treated others badly, using the excuse that he had been treated badly.

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## The Hundred Dollar Bill

1. Wow! \$100! What would YOU do with \$100?

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2. What if you saw someone drop a hundred dollar bill? You know, that's money that he or she could have used for something important—money they probably worked very hard to earn. How would you feel if someone took something like that away from you? Explain.

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3. If you were with friends who wanted to take money that someone else had dropped, would you have the courage to tell your friends to do the right thing and return it?

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4. In the story, Dana said that when she's 30, she doesn't want to look back and realize she was a thief. What kinds of things do you want to remember about your younger self when YOU are 30?

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## The Game of Keep Away

1. Do you like music? What kinds? What kinds of musical instruments do you like?

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2. In the story, Melody's friends think they are just playing a fun game of keep away. Have you ever hurt one of your friends' feelings (or property) by playing a game that was not fun for everyone? Explain.

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3. Musical instruments are expensive! You should ALWAYS be careful with other people's things. Have you ever had something valuable that someone was not being careful with because they did not know (or care) that it was special to you? Describe a time when you were not careful with someone else's things.

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4. Mr. Harding says there is always a choice to hurt or HELP. Describe a moment when you were trying to decide whether to HELP or hurt someone. Which did you choose?

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## Jump, Deshan, Jump!

1. Deshan's friend tried to get Deshan to jump off the bus from the top step. Could Deshan have done it? Probably. But he didn't. Write your thoughts about why jumping from the top step would have been a bad idea.

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2. What would you have done if you were in Deshan's situation?

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3. Have you ever dared someone else to do something against the rules, or something that could have caused him or her to be injured? If so, write about it.

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4. Describe a time when you HELPED someone like Deshan HELPED Renee.

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## Kids Will Just Be Kids

1. In this story, Dane was walking home from school minding his own business when suddenly two boys threw a water balloon at him and began laughing. Imagine how you would have felt if that had ever happened to you. Write down your thoughts.

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2. Notice that immediately after getting home and telling his mom about what happened, Dane began taking care of some of his responsibilities to HELP around the house. Nobody told him to take out the trash. It was his job, and he just did it. What are some things you do around your house to HELP your parents?

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3. When Dane's father came home and learned about what the two boys did, he immediately called a meeting with their parents. Even the other parents excused their sons' actions by saying "Kids will just be kids!" Dane's father said, "Yes, until they are taught better!" Write some things kids can learn to HELP them become responsible. Do you think treating others with kindness and HELPING others should be one of the things kids learn?

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4. What do you think the two boys' parents finally told them when they got home?

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## Mr. Delaney, The Storyteller

1. Mr. Delaney looked up just in time to see a boy in the back of his classroom making fun of a girl next to him who could not hear very well. Imagine how that girl must have felt and write your thoughts.

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2. Mr. Delaney went on to tell about a time when he tried to hurt a lady's feeling on purpose when he thought she was not listening closely enough. Then he was told the lady was totally deaf? Have you ever tried to hurt someone else on purpose? Explain.

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3. Both Mr. Delaney and the boy in the back of his class learned a valuable lesson from their mistakes. Have you ever made a mistake and learned a lesson from it? If so, describe it.

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4. On the lines below, take this opportunity to write a promise to yourself (if you can write it truthfully) that you will not attempt to hurt others with your actions or your words, but instead you will choose to HELP others. (Right now is a great time to carefully think this through and make this promise to yourself!)

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## Not Enough Seats

1. Jessica was all excited about going on a field trip to the science museum because Science was her favorite subject. Do you like science? If so, why? And if not, why not?

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2. When Jessica was pushed out of the van by the girl sitting next to her, how do you think she felt? How would you feel if that happened to you?

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3. Mr. Reed told the girl that because of her actions and attitude, she would not be allowed to go on the trip. Do you think this was fair? If so, why? If not, why not?

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4. The principal told the girl that hurting people never comes to any good and that it only brings trouble. What did she mean by that?

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## She Copied My Answers!

1. Tenesha was a good student. She couldn't imagine not making an A, even though she knew that sometimes she had to work REALLY hard for it! Do you work really hard to make good grades? Do you think good grades are important? Why?

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2. The boy who sat next to Tenesha did not work hard to study and learn. Instead he cheated by copying Tenesha's answers. Do you think this was a good or a bad thing to do? Why?

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3. Mrs. Robbins told the boy he was being hurtful to his own future self. What did she mean by that?

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4. Do you think studying hard and learning everyday can help YOUR future self? Why?

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## The Extra Credit Service Project

1. In the story, Lacy was excited about signing up for a service project in the cafeteria. Have you ever been a part of a service project? (There are MANY things to do. We can all HELP in a lot of ways!) Tell about something you have done to HELP others, or about something you would like to do!

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2. One of the girls said something terrible to Lacy. If you were Lacy, how would that have made you feel?

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3. Mrs. Saucier had some strong advice for those girls. Do you think it was good advice? Why?

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4. One thing that Mrs. Saucier told the girls is that if they started being HEROES instead of being hurtful, they would start being respected by others. Do you think you are respected by others? Is that important? Why?

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## Elyse and Matthew Visit Aunt Becky

1. Do you have a brother or a sister who is like a best friend to you? Do you think that is (or would be) really cool? Why?

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2. When Matthew talked to Elyse in a way that would make her feel not very smart, how did that make you feel?

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3. Would you ever treat other people like that? How do you think it would make them feel?

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4. What advice did Aunt Becky give to Elyse and to Matthew? Do you think it was good advice? Why?

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## Nicholas and Three Tormentors

1. This story started out with Nicholas admitting to himself that he could be a better student. Are you the best student you could possibly be?

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2. Instead of waiting until the last minute, Nicholas started on his history project three weeks before it was due. Then, he had the best one in the class. Do you think it was good to start so early? Why?

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3. When the three boys started being hurtful to Nicholas, another student named Rachel saw the whole thing. What did she do?

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4. If you were Nicholas, how would you feel? If you were Rachel, what would you do?

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## Shelly and the Field Trip Money

1. Do you ever get to HELP your teacher during class? If so, do you like doing that? If not, would you like to? Explain.

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2. While Shelly was HELPING Mrs. Gunther, the girl at the next desk took Shelly's money and used it for herself. Do you think stealing is wrong? Why or why not?

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3. How could the girl who took Shelly's money have done things differently? What would you have done in the exact same situation (forgetting to bring your own money on the day it was due)?

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4. What was Mrs. Gunther's advice to the girl? Do you agree with Mrs. Gunther's advice? Why?

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## Trey, His Friend, and Coach Sheffield

1. Do you have a best friend? Do the two of you like hanging out together? What are some of the things you do?

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2. When Trey's friend picked up a rock and started to throw it at a big window in the vacant house, what did Trey do? What would you do if your friend tried something like that?

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3. How do you think Mrs. Jackson would have felt if Trey's friend had indeed thrown a rock through her nice big front window? How would you feel if something like this happened to you?

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4. What did Coach Sheffield do to HELP the boys understand?

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## Those Boys Need HELP

1. Andrew was really upset when he saw the two boys down the street trying to hurt Mrs. Woodson's dog. Do you think that running to tell his grandfather (who was obviously nearby) was the best thing to do at the moment? What would you have done?

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2. When Andrew's grandfather heard about the boys trying to hurt Sasha, he immediately jumped up and went to HELP. Do you think Andrew's grandfather was a HERO? Why?

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3. When Andrew was asked if he knew the boys, do you think he was afraid to tell? Why?

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4. Do you think it was wise to tell his grandfather the name of the boy he recognized? Why?

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## Blah! Blah! Blah!

1. Do you like to read aloud? Do you like to speak in front of a lot of people? If so, why? If not, why not?

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2. When Caleb was reading in class and the other boy made fun of him, how did that make you feel? What if you were reading, and the same thing happened to you, how would you feel then?

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3. Later in the story, we learn the other boy probably did not make a habit of acting hurtful, but this one time he seemed to really want to hurt Caleb's feelings. Do you think that even HEROES can mess up sometimes? If so, what should they do immediately as soon as they realize their mistake?

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4. What did you think about Becky's coming to Caleb's "rescue?" Would you do the same thing if you saw someone being mistreated?

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## The Burger Battle

1. Do you like to eat at restaurants? What is your favorite kind of "Fast Food?" Hamburgers? Fried chicken? Pizza? Sandwiches? ALL of the above?!

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2. Do you think it was cool for Jamie and his dad to have a father and son day every month? Explain?

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3. Do you think the man who was acting hurtful was a happy person? Do you think maybe he had acted like that since he was a child? Do you think that a child who is hurtful would be much better prepared to be a happy adult if he or she learned at a young age to be a HERO? Explain.

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4. Do you think Jamie's dad was a HERO? Why?

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## The Movie

1. Do you like to go to the movie theater? What's your favorite movie?

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2. In the story, Shauna and her mom agreed that Shauna would not watch the movie her friend wanted to watch. Do you think it was important the Shauna kept her promise to her mother? Why?

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3. Do you think even your best friend could possibly try to influence you to make bad choices?

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4. What would you have done if you were in Shauna's exact situation?

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## Jeremy's Big Choice

1. Do you like to play volleyball? Have you ever played on a volleyball team?

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2. Have your parents ever told you not to do something because it was too dangerous? If so, do you think they did it because they wanted to keep you safe (because they love you!), or do you think they were just trying to be mean? Explain.

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3. Do you think Jeremy made a good choice by honoring his Dad's wishes even though some of his friends were laughing at him for doing so? Why or why not?

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4. If you were in Jeremy's exact situation, what would you have done?

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## The Lasagna Dinner

1. What is your favorite food? Do you like Lasagna?

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2. Have you ever had friends over for dinner? If so, what was it like? If not, would you want to sometime? Explain.

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3. When Minette's friend spoke up about it not being "real" lasagna, how did that make you feel? What if that happened to you—how would you feel then?

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4. What was the advice Minette got from her mother about how to handle the situation? Do you think this was good advice? Why?

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## Rachel and the New Kid

**1. Do you like to meet new people? Write about a time you met someone new. What did you do?**

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**2. If you were one of the other boys in the story and Joel came to sit at your table, what would you have done?**

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**3. Have you ever experienced something like Joel experienced that day? If so, how did it make you feel?**

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**4. Write some ways you can HELP others feel good, instead of feeling bad.**

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## Mr. Delaney was a "Tattle-tale?!"

1. Have you ever been afraid to come to school because you thought someone would hurt you (even if it was just hurting your feelings)?

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2. When Mr. Delaney was a student in school, what did he do when he thought someone was going to hurt him?

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3. What is the difference between "Tattling" and "Reporting?"

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4. If you see someone else hurting others, or if you have a reason to believe that someone is going to hurt someone else, what is the best thing to do? Explain.

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## Austin Strikes Out

1. Do you like baseball? Do you have a favorite team? If so, what is your favorite team?

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2. Have you ever had something really cool to show someone else, and the other person just didn't seem interested? If so, how did it make you feel?

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3. What did Austin's dad say that his father (Austin's grandfather) called people who were selfish and close-minded?

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4. Write some ways you can avoid being a "relationship-killer."

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## The Exercise Ball

1. Do you take music lessons? Do you like music? Explain.

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2. Do you think it was cool that Mrs. Wilson used creativity by making a teaching tool out of a big ball? Think of some creative things that you do, and write one or two of them.

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3. If you were Mrs. Wilson's granddaughter, what would you have done differently?

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4. Do you think it's important to always be aware of how you might make someone else feel? Why?

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## The Conversation

1. Are you a twin? Do you think it would be cool to have a twin brother or twin sister?

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2. If you were having a personal conversation with someone about something important, and you discovered someone else was listening carefully to every word, how would it make you feel?

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3. Do you think it is important to respect the privacy of other people? If so, why? If not, why not?

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4. Write about some things you can REFRAIN from doing that can HELP others.

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## Jenny's Cat

1. Do you like cats? Do you have any pets? If so, what are they?

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2. How do you think Jenny felt when she saw the boys trying to scare her cat? How would you feel if someone did that (or something like that) to one of your pets?

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3. Do you think animals should be treated badly? If so, why? If not, why not?

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4. Do you think people could be HEROES to animals just like they can be HEROES to other people? If so, what are some ways?

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## The Two Sarahs

1. Do you have an adult in your family who you really admire like Sarah admired her Aunt Sarah?

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2. What was some of the advice Aunt Sarah gave to young Sarah?

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3. Do you think this was good advice? Why?

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4. What are some ways you can HELP the future YOU—starting today?

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## The Bus Incident

1. Do you ride a bus to school? If so, do you like riding the bus?

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2. If you were Christopher, and others on the bus would not let you sit down, how would you feel?

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3. What did Amber do to HELP?

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4. If your friends started acting like these students, what would you do?

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## When I Grow Up...

**1. What do you want to be when you grow up? Write, not just one, but THREE different things in the order that seems most important to you right now!**

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**2. If you don't know exactly what you want to be or do when you grow up, IT'S OKAY! But you do know that you want to be "successful," right? Discuss some ways you can HELP yourself be successful, starting TODAY!**

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**3. How would it make you feel if you had a really big idea about what you want to be or do when you grow up, and someone else teased you about it?**

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**4. How can you HELP others reach their goals for their futures?**

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## A Lot of Meanness Going On

1. Do you feel safe and happy at school? If so, why? If not, why not?

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2. If you feel you are not as good as you could be at something, or that you don't know as much as you could, there are many ways to HELP yourself! Reading, asking adults about things, and practicing are three ways you can HELP yourself. Can you name some more ways?

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3. If you made a habit of learning about things that make you feel "not good enough," how would you feel then?

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4. How could you HELP others feel good about themselves?

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## No Questions Asked

1. Do you like school? Why do we go to school? Why is that important?

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2. The boys who were teasing Jasmine for being in the first grade again were acting how?

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3. Is it EVER a good thing to tease someone else about something? Why or why not?

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4. If someone is having a problem, and there is truly no way you can HELP, is it better to tease him or her about it, or is it better to just quietly let him or her work through the problem with people who CAN HELP? Explain.

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## Mr. Delaney's Favorite Story

1. Do you like a good story? Do you like to write or tell stories?

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2. In Mr. Delaney's story, what did Bay Chandler see in his unusual mirror?

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3. What did Bay Chandler do about the path she was on that would take her to a bad future?

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4. Write some good choices YOU can make to make your future better.

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5. Write some ways you can HELP your friends to also have a better future.

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## Two Friends and a HERO

1. Do you like to create art with markers? What kinds of things do you like to draw?

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2. Why were Rashad's friends wrong in the way they wanted to use their markers?

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3. What is "vandalism?" Why is it wrong?

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4. If someone damaged or destroyed (on purpose) something that belonged to you, how would it make you feel?

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5. At the end of the story, what did Rashad do to show good leadership?

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## The Cafeteria Kicker

1. What is your favorite food to eat for lunch?

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2. In this case, was Davian right when he chose NOT to share his food? Why?

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3. If you were the other boy, what would you have done differently?

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4. Why do we have rules at school?

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## I Need a Pencil

1. Has anybody ever asked to borrow something from you? Did he or she ask nicely? If not, how did it make you feel?

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2. Why did the boy in the yellow shirt not have his own pencil?

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3. How could the boy in the yellow shirt have been better prepared?

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4. Do you always have your belongings neat and organized? If not, how can you start being better organized? Why is being organized important?

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# The Beginning of a Hero™

## Student Interaction Sheet



Serving the 2025-2026 School Year

*Listen to Jim Lord EVERY weekday morning at home or in the car! TCNmornings.com*

## Winning

1. What is your favorite thing to do on field day? Do you like 3-legged races? Why?

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2. When you play a game, or when you are in a contest do you like to win? How does it feel to win?

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3. What could Jose's friend have done differently to have a better chance at winning?

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4. If you had been Jose's friend, what would you have done?

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5. How is real life like a 3-legged race?

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